

POWER CAGE

JBR-103

- ◆ The versatile design offers to perform everything from bench press to squats. The free bar movement allow user to perform the exercise either inside / outside of the cage. Moreover, the power cage offer the multiple positioning of bars and catched are provided for safety.

- ◆ **DIMENSION:**  
Length : 64 inches/ 163 cms  
Width : 86 inches/ 218 cms  
Height : 90 inches/ 229 cms

- ◆ **MUSCLE WORKED:**  
Full Body

